

Vitamin K2 and D3 drops 30 ml

Product number B091

Each bottle is provided with a dropper.

Ingredients and % Reference Intake per 10 drops:

Vitamin D3 (cholecalciferol) 2000 i.e. (50 mcg) 1000% RI

Vitamin K2 (MK7, Menaquinone) 45 mcg 60% RI

In a base of medium chain fatty acids (MCT, from coconut oil) and natural vitamin E.
One drop contains 5 mcg vitamin D3 = 100% RI and 4.5 mcg vitamin K2 = 6% RI).

- Vitamin D is good for calcium balance and is important for the construction and maintenance of strong teeth and contributes to the maintenance of strong bones; the Health Council therefore recommends that seniors and people with a dark skin color take extra vitamin D.
- Vitamin D has a positive effect on the immune system, supports the body's defenses and contributes to a good resistance.
- Vitamin D contributes to a good resistance of children.
- Vitamin D is important for normal muscle function and plays a role in maintaining flexible and strong muscles.
- Vitamin K contributes to normal blood clotting.
- Vitamin K2 (MK-7) contributes to the maintenance of normal bones.

Usage and warnings:

Children up to the age of ten years 1 x daily 3 drops and adults 1 to 2 x daily 5 drops or according to the advice of an expert. Do not exceed recommended dosage. Keep out of reach of children. A dietary supplement is no substitute for a varied diet.